



# $\Delta$ F508 mutation screening of healthy individuals from two populations in Espírito Santo State, Brazil

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**ABSTRACT.** The  $\Delta$ F508 mutation is the most common cause of cystic fibrosis and its prevalence varies worldwide. For instance, up to 20-fold variations in its frequency have been recorded across different areas of Brazil. This study aimed to compare the distribution of  $\Delta$ F508 among healthy individuals of admixed Portuguese descent from Espírito Santo (ES), a state in Southeastern Brazil, to that in a subpopulation of Pomeranian descent, considered to be an isolated group in which the European gene pool has been preserved, living in Santa Maria do Jetibá (also in ES). We found this mutation to be present at a frequency of 0.81% among the Pomeranian group, and 0% in the general ES population. No genetic differentiation was noted between the two populations

examined ( $F_{ST} = 0.004$ ), and these frequencies were found to be similar to those estimated in other states of Southeastern Brazil. Although the population of Santa Maria de Jetibá has retained Pomeranian traits, such as language, fair skin, and eye color, to date, there is no evidence of inbreeding in this group ( $F_{IS} = -0.004$ ). Screening healthy individuals for the  $\Delta F508$  mutation can facilitate genetic counseling for cystic fibrosis, as well as inform evolutionary and population studies.

**Key words:**  $\Delta F508$ ; Screening; Cystic fibrosis; Espírito Santo-Brazil

## INTRODUCTION

Cystic fibrosis (CF) is an autosomal recessive disorder (Online Mendelian Inheritance in Man No. 219700) involving deficient transport of  $Cl^-$  ions in the apical membranes of epithelial cells. It affects all ethnic groups, but is more common among Caucasians. This disease arises due to mutations in the gene encoding the CF transmembrane conductance regulator (CFTR) protein, resulting in dysregulated transportation of  $Cl^-$  and  $Na^+$  ions, the concentrations of which are elevated in the sweat of individuals presenting with this condition (Kerem et al., 1989; Riordan et al., 1989; Rommens et al., 1989; Welsh et al., 2001). A common CFTR mutation comprising a 3-bp deletion in exon 10 causes the loss of the phenylalanine residue at position 508 (p.Phe508del or  $\Delta F508$ ) in the amino acid sequence (Kerem et al., 1989; Riordan et al., 1989; Rommens et al., 1989). CF is one of the most common genetic diseases affecting people of European descent, with an incidence of approximately one in every 2500 live births, and a carrier frequency of around one in 25 (Welsh et al., 1995). Interestingly, the frequency of this disease varies globally. In a survey carried out by Raskin et al. (2008), Brazilians of European origin accounted for 54% of the total population of Brazil, the remaining proportion being composed of African and Native American ethnic groups (Faucz et al., 2010). In the South and Southeast regions of this country, an average CF incidence of one in every 7576 births has been reported (Raskin and Fauz, 2001; Raskin et al., 2008), decreasing from the former to the latter, as more people of European ancestry live in South Brazil (Raskin et al., 2008). The results of Raskin et al. (2008) suggest that CF incidence differs by up to 20 times across areas of Brazil, and that the average mutation carrier frequency in the total population is 2.3%. Although the frequency of the  $\Delta F508$  mutation has been estimated in some states in Southeastern Brazil (Okay et al., 2005), Espírito Santo (ES) has not been extensively surveyed yet. A previous study based in ES, a state colonized by Europeans, demonstrated that the frequency of  $\Delta F508$  heterozygote individuals was low among the healthy population (Rabbi-Bortolini et al., 1998).

The city of Santa Maria de Jetibá, situated in the mountainous region of ES, was heavily colonized by immigrants from Pomerania, now part of northern Germany and Poland. This community has remained largely culturally closed up to the present day (Bahia, 2001). Because of this distinctive population characteristic and a lack of data concerning the prevalence of  $\Delta F508$  in ES, we aimed to estimate  $\Delta F508$  frequency among healthy volunteers from this state, including individuals of Pomeranian origin. Due to the population admixture present in Brazil, it is believed that the European genetic profile of ES has changed over time, explaining observed reductions in  $\Delta F508$  heterozygosity. Such changes may not have occurred in the Pomeranian population of this state, which may therefore exhibit a heterozygote frequency typical of a European population.

## MATERIAL AND METHODS

This study was approved by the Ethics Committee of Health Sciences Center - Universidade Federal do Espirito Santo (No. 190/11).

### Study sample

The study sample consisted of 246 healthy subjects, including 123 representatives of the general population of ES and 123 individuals of Pomeranian descent, the latter resident in Santa Maria de Jetibá, ES. All study participants gave their informed consent. Peripheral blood samples (5 mL) were collected from healthy subjects of the wider ES population in tubes containing ethylenediaminetetraacetic acid, while three to five drops of peripheral blood from healthy Pomeranian volunteers were placed on FTA Elute Cards (Whatman, Clifton, NJ, USA). Genomic DNA was isolated using phenol/chloroform extraction or according to the FTA Elute Card manufacturer recommendations.

### Genotyping

Presence of the  $\Delta$ F508 mutation was determined by polymerase chain reaction (PCR) followed by detection of amplification products using silver-stained polyacrylamide gel electrophoresis. The wild-type allele yielded a single 98-bp fragment, whereas the  $\Delta$ F508 allele resulted in a 95-bp product (i.e., lacking 3 bp). PCRs contained the following: 10 ng genomic DNA, 0.4 mM each primer (sense CFF: 5'-GTTTCCTGGATTATGCCTGGGCA-3' and antisense CFR: 5'-GTTGGCATGCTTTGATGACGTTTC-3'; Okay et al., 2005), 1.5 mM MgCl<sub>2</sub>, and 2.5 U *Taq* DNA polymerase (Invitrogen, São Paulo, SP, Brazil). Amplification was performed in a Veriti thermal cycler (Applied Biosystems, Foster City, CA, USA) with a cycling program of 35 cycles of 45 s at 94°C, 45 s at 65°C, and 45 s at 72°C.

### Statistical analysis

Allele and genotype frequencies were determined by direct counting. Data were analyzed by the Fisher exact test in GraphPad Prism v7.01 (GraphPad Software, La Jolla, CA, USA). P values < 0.05 were considered statistically significant. Other statistical analyses were performed using the Arlequin software v3.11 (Excoffier et al., 2007).

## RESULTS

### Description of the study sample

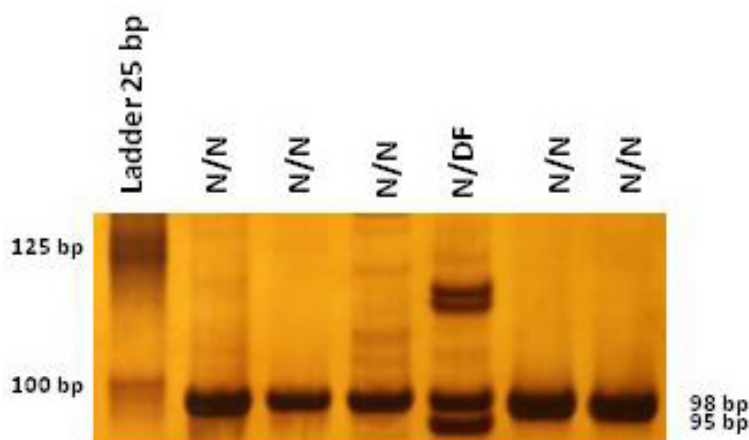
The average ages in the Pomeranian and general ES population groups were 40.4 and 33.4 years, respectively. Of the individuals in these respective groups, 41.5 and 42.3% were female.

### Genotyping

None of the 123 healthy individuals representing the general ES population carried the  $\Delta$ F508 mutation. Among those of Pomeranian origin, the frequency of this mutation was 0.81% (two heterozygous subjects; Table 1). Genotyping results are shown in Figure 1.

**Table 1.** Screening for the  $\Delta F508$  mutation in two populations of Espírito Santo State (ES), Brazil.

Genotype or allele	General ES population (N = 123; number of alleles = 246)	Population of Pomeranian descent (N = 123; number of alleles = 246)
N/N	100% (123)	98.37% (121)
N/DF	0% (0)	1.63% (2)
DF/DF	0% (0)	0% (0)
N	100% (246)	99.19% (244)
DF	0% (0)	0.81% (2)

P = 0.5<sup>a</sup><sup>a</sup>P value from the Fisher exact test.**Figure 1.** Detection of the  $\Delta F508$  mutation by polymerase chain reaction followed by electrophoresis on a 15% polyacrylamide gel. N/N = normal homozygous (one 98-bp fragment), N/DF = heterozygous (98 and 95-bp fragments). Molecular weight is indicated by a 25-bp ladder (Invitrogen, Carlsbad, CA, USA), the 100 and 125-bp fragments of which are shown.

### Statistical analysis at the population level

The frequency of  $\Delta F508$  in the two ES populations is shown in Table 1, and a comparison with that in the populations of other Southeastern Brazilian states [Minas Gerais (MG) and São Paulo (SP)] is shown in Table 2. There was no statistically significant difference between these groups.

**Table 2.** Frequency of the  $\Delta F508$  mutation among healthy individuals of Southeastern Brazil.

Population	Number of alleles	$\Delta F508$ frequency (%)	Reference	P value/statistically significant (Fisher's exact test)	
São Paulo (SP)	1022	0.29	Raskin et al. (2008)	SP/PP	0.25/No
				SP/ES	>0.99/No
Minas Gerais (MG)	1232	0.33	Raskin et al. (2008)	MG/PP	0.26/No
				MG/ES	>0.99/No

PP = population of Pomeranian descent in Espírito Santo State; ES = general population of Espírito Santo State.

A comparison of  $\Delta F508$  frequencies among CF patients in various European regions and Brazil is shown in Table 3. The chi-square test revealed a statistically significant difference between these populations ( $P < 0.0001$ ).

**Table 3.** Comparison of ΔF508 frequencies among cystic fibrosis patients in various European regions and Brazil.

Population	ΔF508 frequency (%)	Reference
Poland	62.4	Sobczyńska-Tomaszewska et al. (2013)
Germany	71.8	Lucotte and Hazout (1995)
Europe	66.8	Estivill et al. (1997)
Portugal	44.5	Estivill et al. (1997)
Brazil	47.7	Cabello et al. (1999)
	P < 0.0001*	

\*Statistically significant (chi-square test).

For the population of Pomeranian origin, expected ( $H_E$ ) and observed heterozygosity ( $H_O$ ) was found to be 0.0162 and 0.0163, respectively. Using Wright’s F-statistics, the inbreeding coefficient ( $F_{IS}$ ) and fixation index ( $F_{ST}$ ) were calculated. The  $F_{IS}$  was -0.004, indicating that despite the minimal difference between  $H_E$  and  $H_O$ , heterozygosity was higher than expected, implying no inbreeding in this population. No heterozygotes were identified in the general ES population. The Pomeranian population was in Hardy-Weinberg equilibrium (chi-square = 0.01, P = 0.93), but this calculation could not be performed for the general ES population, since only the wild-type allele was detected. The  $F_{ST}$  was 0.004, indicating low genetic differentiation and high gene flow between the two ES populations. Data concerning population genetics are shown in Table 4.

**Table 4.** Analysis of the population genetics of the Pomeranian study group based on Wright’s F-statistics.

Analysis	Pomeranian population
Expected heterozygosity	0.0162
Observed heterozygosity	0.0163
HWE (chi-square/P)	0.01/0.93
$F_{IS}$	-0.004
$F_{ST}$ (compared with general ES population)	0.004

$F_{IS}$  = inbreeding coefficient;  $F_{ST}$  = fixation index; HWE = Hardy-Weinberg equilibrium.

## DISCUSSION

The population of Brazil is known to be mixed and heterogeneous, composed of Native American, African, and European groups. Consequently, high levels of variation in allelic frequencies are evident (Faucz et al., 2010). ES represents 1.8% of the Brazilian population (Brazilian Institute of Geography and Statistics, 2010). In the nineteenth century, this state had large Native American and African populations, as well as a considerable number of European immigrants having arrived after the Portuguese colonization (Saletto, 2000). In 1872 and 1873, approximately 4000 Pomeranians immigrated to ES, and people of Pomeranian descent now comprise the majority of the population of this state’s mountainous region. They have retained their culture, including a distinct Pomeranian language. In this study, we analyzed the prevalence of the ΔF508 mutation, the main sequence variant responsible for CF, among healthy individuals from the general ES population and the Pomeranian population residing in Santa Maria de Jetibá, ES.

This mutation was not identified in the general ES population, and was present at a frequency of 0.81% in the Pomeranian group. ΔF508 homozygous individuals exhibit the classical clinical manifestations of CF. In the heterozygous state, ΔF508 can cause a number of

respiratory disorders (Dahl et al., 2001; Wang et al., 2005; Maurya et al., 2012); however, the vast majority of carriers are asymptomatic. There is a certain degree of speculation regarding heterozygote selective advantages in conditions such as cholera, typhoid fever, tuberculosis, and lactose intolerance (Baxter et al., 1988; Rodman and Zamudio, 1991; MacKenzie, 2006; Modiano et al., 2007), given that this mutation prevents dehydration. A  $\Delta F508$  frequency of 0.02% has been reported in Europe, likely due to such heterozygote advantages (Modiano et al., 2007), the existence of which highlights the relevance of determining  $\Delta F508$  prevalence not only among patients diagnosed with CF, but also in the wider, healthy population. Nonetheless, given that  $\Delta F508$  is not the only mutation that causes CF, the screening of other such sequence variations is also advisable.

Data concerning heterozygote frequencies are important for the genetic counseling of individuals in particular populations and the establishment of effective public health policies. Santa Maria de Jetibá represents the third largest Pomeranian population in the world, and is known to have maintained its cultural identity (Bahia, 2001; Domingues et al., 2006).

In this study, we studied the frequency of  $\Delta F508$  in two ES populations. In the general population, its prevalence was found to be similar to that in most other Brazilian regions surveyed. This supports the hypothesis that mixing of allelic profiles that are more common in Europe with those of other groups present in this country has resulted in a lower  $\Delta F508$  frequency. This process evidently also occurred in the general population of ES, where Native Americans, Africans, and Europeans have interbred to the extent that  $\Delta F508$  is rarely observed. The  $F_{ST}$  value, a measure of the difference between the genetic structures of populations, was calculated to be 0.004, confirming that the two populations have interbred freely (panmixis).

We propose that the observed frequency of  $\Delta F508$  among the Pomeranian population examined was due to greater preservation of the European gene pool. The  $F_{IS}$  statistic, which measures the likelihood that two given alleles are identical by descent, had a negative value (-0.004), indicating that inbreeding has not occurred within this population. To reiterate, we confirm that there is gene flow between the residents of Santa Maria de Jetibá and individuals from other locations within the state. Thus, people of Pomeranian descent in ES initially considered of “pure European origin” also demonstrate a certain degree of genetic admixture. Therefore, we suggest that our results justify considering the Pomeranian population together with the general ES population in future studies.

## CONCLUSIONS

In this study, we observed similar frequencies of the  $\Delta F508$  mutation, associated with European descent, in the general ES population and the Pomeranian population of this state. Moreover, the prevalence of this mutation in these groups was comparable to that recorded in other Southeastern Brazilian states. In addition, we demonstrated evidence of gene flow between the two populations, previously considered isolated from each other. We are aware that our results should be considered with caution, due to the technical obstacles inherent to this type of study, such as the difficulties encountered when determining the optimal criteria to differentiate individuals of unmixed European descent from those with an admixed background.

Ascertaining the frequency of mutant alleles among healthy individuals may be beneficial for CF genetic counseling in the population studied. As CF is clearly underdiagnosed throughout Brazil, the data presented in this work contribute to an estimation of the incidence

of this disease in different states, and to improving the quality of genetic counseling and management of disorders associated with ΔF508 heterozygosity.

### Conflicts of interest

The authors declare no conflict of interest.

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