Correlation between sperm ultrastructure in infertile patients with abnormal sperm morphology and DNA damage

M. He and L. Tan

The Second Affiliated Hospital of Zhengzhou University, Henan, China

Corresponding author: L. Tan
E-mail: xyrhbkj@163.com

Received August 18, 2015
Accepted December 1, 2015
Published December 15, 2015
DOI http://dx.doi.org/10.4238/2015.December.15.6

ABSTRACT. This study explored the correlation between sperm ultrastructure in infertile patients with abnormal sperm morphology and DNA damage. Three unusual sperm morphologies were selected for the experimental group namely case 1 (95% headless sperm), case 2 (98% headless sperm), and case 3 (100% headless sperm), and the control group consisted of 2 subjects (20 and 15% headless sperm). For case 1, the patient was negative for sexually transmitted diseases and had normal semen plasma biochemistry, reproductive hormones, peripheral blood chromosomes, and azoospermia factor (AZF). The aneuploid rate of sperm chromosomes was 0.6%, and DNA damage index of sperm nuclei was 84.4%. The partner of this patient did not get pregnant after artificial reproductive technology assistance. For case 2, the aneuploid rate of sperm chromosomes was 0.8% and DNA damage index of sperm nuclei was 95%. This patient and his spouse did not choose assisted reproduction. For case 3, reproductive hormones, peripheral blood chromosomes and AZF were normal and the aneuploid rate of sperm chromosomes was 0.2%. The wife of this patient gave birth to a healthy baby after ova removal, fertilization and transplantation. For the control group, the aneuploid rate of sperm chromosomes and DNA damage index of sperm nuclei were approximately
Patients were selected for assisted reproduction selection.

0.3 and 30%, respectively. To sum up, sperm ultrastructure of infertile patients suffering from unusual sperm morphology is associated with DNA damage to some extent and can cause infertility. However, pregnancy is still possible through intracytoplasmic sperm injection.

**Key words:** Sperm morphology; Sperm ultrastructure; DNA damage; Teratozoospermia

**INTRODUCTION**

Male infertility is defined as the inability of a male to induce pregnancy in a fertile female (Ramlingam et al., 2014; Yuen et al., 2014). Traditional routine examinations examine the number, density, aberration rate, and activity ratio of sperm, and the levels of anti-sperm antibodies in infertile male patients. Recent studies have found that these parameters in some patients with idiopathic infertility are also affected by other factors, including DNA integrity (Bezold et al., 2007). Patients with reduced, weak or abnormal sperm are expected to be able to bear their own biological children by using assisted reproductive technologies (ART), with intracytoplasmic sperm injection (ICSI) being particularly successful (VandenMeerschaut et al., 2014). Sperm with genetic defects can still be directly injected into an ovum through ICSI as the sperm does not go through natural selection. Therefore, the influence of DNA integrity of sperm on reproduction is drawing more attention (Marchesi et al., 2010; Zribi et al., 2012).

Globozoospermia with detects in the head of sperm is rarely seen, with the incidence of <0.1% in male infertile patients. Under a light microscope, the head of sperm is observed to be round, with abnormal or missing acrosome and accompanied with messy middle piece and tail. Round head of sperm, no acrosome, a layer of uniform unit membrane around the nucleus and disorders in the arrangement of mitochondria and microtubule in tail are also visible under an electronic microscope. The ability of sperm movement is an important index measured in male fertility clinics and is of great significance for fertilization (Ren et al., 2001). Only active sperm are capable of fertilization via the genital tract, and the entire insemination process requires sperm to pass through the cumulus oophorus and zona pellucida (ZP). Abnormal sperm morphology, known as teratozoospermia, seriously affects this process. This study analyzed the relationship between the ultrastructure of abnormal sperm and DNA damage, which contributes to exploring fertility mechanisms of patients with abnormal sperm morphology and provides the basis for clinical treatment.

**MATERIAL AND METHODS**

**Research subjects**

Three unusual sperm morphologies were selected from three males: case 1 was 42 years old and had 95% headless sperm; case 2, 24 years old, 98% headless sperm; and case 3, 28 years old, 100% headless sperm. All cases had typical sexual libido but had been infertile for 11, 1 and 5 years, respectively, without the use of birth control. The control group included two cases, with 20 and 15% headless sperm. This experiment was approved by the ethics committee of The Second Affiliated Hospital of Zhengzhou University (China) and all patients provided written informed consent.
Inclusion and exclusion criteria

Healthy males (mean age: 34.5 ± 2.9 years) had normal sex lives after marriage, but were infertile for over 1 year without any birth control. Routine medical examinations and semen tests were deemed normal of all included patients (volume ≥2 mL, pH ≥7.2; density ≥20 x 10^6/mL; percentage of sperm forward movement ≥50%). Males were excluded if they experienced trauma or sexual dysfunction, had a family history of hereditary disease, or showed obvious signs of testicular, epididymis or ductus deferens abnormalities.

Information collection, blood sample acquisition, and follow-up

Patients’ clinical information was collected by preoperative examination and questionnaire, including age, sex, profession, childbearing history, family history, reproductive age of their parents, and existence of consanguineous marriage. Peripheral blood (3-4 mL) was drawn from patients and treated with heparin for peripheral blood chromosome G banding karyotype analysis. Another 2 mL blood was drawn and treated with the anticoagulant ethylene diamine tetraacetic acid (EDTA) for Y-chromosome micro missing analysis. Moreover, 5 mL peripheral blood was drawn from both partners and used for reproductive hormone detection. All patients were required to sign informed consent before ART treatment and cooperate with clinical pregnancy outcome observation and telephone follow-up on other relevant issues.

Analysis of semen and sperm morphology

Semen was collected from males following sexual abstinence for 2-7 days, after which it was stored in an aseptic container, liquefied in a water bath at 37°C, and subsequently examined. Dynamic parameters of semen were detected using the WeiLi color sperm quality analysis system (WLJY-9000, WeiLi, China) and analyzed according to parameters established by the World Health Organization (WHO). Sperm morphology smears were performed by published methods (Menkveld et al., 1996). Briefly, the acrosome form of sperm was analyzed and the acrosome index and integrity rate were calculated.

Ovulation induction treatment and insemination

The female partners of all cases were treated with a subcutaneous injection of gonadotropin-releasing hormone agonist (GnRHa, Merck Serono, Germany) for ovulation induction continuously for 10-16 days until reaching the standard [follicle-stimulating hormone (FSH) <5 mIU/mL; luteinizing hormone (LH) <5 mIU/mL; estradiol (E2) <50 pg/mL; antral follicle count (AFC) <5 mm]. Recombinant FSH (r-FSH, Merck Serono, Germany) and urinary FSH (u-FSH, Lishenbao, Lizhu Pharmaceutical, China) were injected subcutaneously to promote ovulation, and human menopausal gonadotropin (HMG, Lizhu Pharmaceutical) was injected subcutaneously in the ovulatory period. Human chorionic gonadotropin (HCG, Lizhu Pharmaceutical) was injected intramuscularly when the diameter of the dominant follicle was ≥18 mm and the ovum was collected 34-36 h later.

Density gradient centrifugation combined with the swim-up method (Xu et al., 2010) was applied in processing the liquefied semen, resulting in semen volume of 600 μL and concentration of 30,000-50,000 sperm/ovum. Granular cells were eliminated with a mechanical method 4 h after adding sperm to observe early fertilization conditions, and an early fertilization was confirmed if a bipolar body was found.
Embryo transplantation and gestation detection

The embryo was transplanted to the uterine cavity three days after collection of the ovum and supported using regular progesterone delivery after transplantation. On the fourteenth day after transplantation, HCG levels were tested to determine if there was a biochemical pregnancy (HCG value > 5.3 mIU/mL was considered pregnant). On the thirty-fifth day, patients who were observed to have a gestational sac via B ultrasound were considered clinically pregnant.

Analysis of sperm ultrastructure

Sperm was washed twice with 5 mL NaCl solution (0.785 M) and centrifuged for 10 min. The supernatant was removed and 2.5% glutaraldehyde was added drop-wise. Following this, sperm were fixed for 2 h at 4°C, fixed twice with osmic acid, embedded with Epon812 epoxy resin (Hyde Venture Biotech Co., Ltd., Beijing, China), sliced in 70 nm (under a light microscope), and dyed using toluidine blue. Sperm were observed with a JEM-1200EX (Olympus, Japan) transmission electron microscope.

Statistical methods

SPSS 17.0 software (Chicago, IL, USA) was used for statistical analysis and data were expressed as mean ± standard deviation (SD). Before analysis, it was confirmed that data was normally distributed. Data were analyzed using Student t-test of two independent samples if normally distributed; otherwise, the rank sum test was used. Numerical data were expressed as a percentage and analyzed using the four-fold table chi-square test. Differences were considered to be statistically significant if P < 0.05.

RESULTS

Analysis of headless sperm cases

Routine semen examination of case 1 (95% headless sperm) was found to be normal during liquidation, with moderate stickiness, volume 1.5 mL, pH 7.9, concentration 83.55 x 10⁶/mL, and sperm motility 4.19% in (a+b) level (Figure 1A and 1B). Chlamydia, mycoplasma, gonococcus, and toxoplasma gondii + rubella virus + cytomegalovirus + herpes simplex virus (TORCH) were negative, and seminal plasma biochemistry, reproductive hormones, peripheral blood chromosomes and azoospermia factor (AZF) were all normal. The aneuploid rate of sperm chromosomes was 0.6% and the damage index of sperm nuclei, evaluated by sperm DNA fragmentation index (SDFI), was 84.4%. Ten ova were collected from the wife of case 1, and four oocytes with good morphology in the meiotic period for the second time (M II stage) were selected and ICSI was performed with active sperm. Following this, 2 pronucleuses formed, and two good-quality embryos were transplanted. However, the wife did not become pregnant after transplantation.

Routine semen examination of case 2 (98% headless sperm) was also found to be normal during the liquidation process and presented with moderate stickiness, volume 3.1 mL, pH 7.5, concentration 26.14 x 10⁶/mL, (a+b) level 13%, and survival rate 60% (Figure 2A and B). Ureaplasma urealyticum was positive and the reproductive hormone prolactin (PRL) was slightly high (331 μIU/mL). Semen anti-sperm antibody (AsAb), peripheral blood chromosome,
and AZF levels were all normal, and the patient was negative for chlamydia trachomatis (CT). Testis puncture biopsy was performed, involving spermatogonium (20%), primary spermatocyte (20%), secondary spermatocyte (2%), spermatid (25%), sustentacular cell (30%), and sperm (3%), and one to two sperms were observed to be fully developed in high power field (HPF) under the microscope. The aneuploid rate of sperm chromosomes was 0.8% and the DNA damage index of the sperm nuclei was 95%. Different degrees of structural abnormalities were found in the head, neck, middle, and tail of sperm, but the tail could be seen in most sperm (Figure 2A). Acrosome dysplasia and loss, incomplete acrosome membrane structure, nuclear vacuoles (Figure 2B), and uneven and disordered mitochondria (Figure 2C) were also observed. Some sperm tails were surrounded with several structurally incomplete axial filaments (Figure 2D). This patient and his partner did not agree to ART treatment.

![Figure 1](image1.jpg)

**Figure 1.** Sperm morphology from case 1 after dyeing with toluidine blue (A: 400X, B: 1000X).

![Figure 2](image2.jpg)

**Figure 2.** Headless sperm ultrastructure from case 2 as viewed with a transmission electron microscope (TEM). (A) Full sperm (5000X), (B) head (25,000X), (C) middle (12,000X), and (D) cross section of the tail (25,000X).

In the control group, the aneuploid rate of sperm chromosomes and DNA damage index of sperm nuclei were 0.4 and 34.2% in the patient with 20% headless sperm, respectively, and 0.2 and 27.6% in the patient with 15% headless sperm, respectively (Table 1).

### Analysis of globozoospermia cases

Routine semen examination was performed for case 3 following a 60 min liquidation and showed slight stickiness, 1.2 mL volume, pH 7.8, concentration 35.99 x 10⁶/mL, (a+b) level 0.00%, and survival rate 38%. Fully dyed sperms showed a round head (Figure 3). Reproductive
Patients were selected for assisted reproduction's selection.

hormones, peripheral blood chromosomes, and AZF levels were tested and found to be normal, and the aneuploid rate of sperm chromosomes was 0.2%.

Twenty-one ova were obtained from this patient's wife, as well as 20 oocytes at MII stage and 1 oocyte at germinal vesicle (GV) stage. ICSI was performed with active sperm. Two PN oocytes were acquired and transplanted to one inferior embryo. After transplantation, the HCG level was 418 U/L on the 14th day, and a live fetus was observed in utero on the 34th day, accompanied by an embryo and cardiac tube pulse. Finally, a healthy boy was born.

<table>
<thead>
<tr>
<th>Specimens</th>
<th>SDFI (%)</th>
<th>Aneuploid rate of sperm chromosomes</th>
<th>Integrated DNA</th>
<th>Damaged DNA</th>
</tr>
</thead>
<tbody>
<tr>
<td>98% headless sperm</td>
<td>95.0</td>
<td>0.8%</td>
<td>25</td>
<td>2</td>
</tr>
<tr>
<td>95% headless sperm</td>
<td>84.5</td>
<td>0.6%</td>
<td>76</td>
<td>0</td>
</tr>
<tr>
<td>20% headless sperm</td>
<td>34.2</td>
<td>0.4%</td>
<td>330</td>
<td>1</td>
</tr>
<tr>
<td>15% headless sperm</td>
<td>27.6</td>
<td>0.2%</td>
<td>365</td>
<td>0</td>
</tr>
</tbody>
</table>

DISCUSSION

Human DNA is of great importance in passing on genetic material and information, and it plays a critical role in human reproduction and genetic characteristics (Slyskova et al., 2014). DNA damage in sperm can be caused by multiple factors, including environmental pollution, diseases, poor lifestyle choices, microelements, and chemical and physical factors (Gong et al., 2014; Wang and Vasquez, 2014). The premise exists that sperm that possess excellent mobility must also have a well-behaved cell nucleus and organelles to provide enough materials and energy. However, DNA damage inside the nucleus will affect the activity of sperm. None of the patients suffering from globozoospermia had any physical issues besides infertility (Chianese et al., 2015). Patients with globozoospermia have no significant differences in sperm concentration, activity or other indexes compared to other infertile patients in routine semen examination; however, the pathogenic mechanism of globozoospermia is not clear. Molecular biology studies (Larson et al., 2001; Brahem et al., 2011) have shown that the formation of round-headed sperm is associated
with abnormal sperm chromatin condensation and DNA fragmentation. In this study, an inferior single embryo was successfully fertilized in the 3rd day after ICSI, even though the father had globozoospermia, and a healthy baby boy was born, further indicating that ICSI is an effective method for treating globozoospermia. Round-headed sperm had little influence on subsequent developmental potential after insemination, and inferior embryos could be transplanted in the absence of high quality embryos for transplantation.

In conclusion, the sperm ultrastructure of infertile patients with abnormal sperm morphology is correlated with DNA damage to some extent, and a high aberration rate of sperm tends to show a high degree of DNA damage. Considering sperm ultrastructure together with DNA damage, ART should be considered as a fertility treatment for patients with globozoospermia.

Conflicts of interest

The authors declare no conflict of interest.

ACKNOWLEDGMENTS

We would like to express my sincere gratitude to all research workers engaged in this study.

REFERENCES


